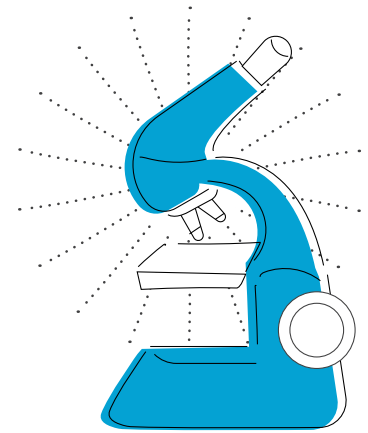


Ankylosing Spondylitis Doctor Discussion Guide: What You're Forgetting to Ask Your Doctor



1. What can I do to manage my AS at home?
2. Should I quit smoking?
3. Is there an AS diet?
4. What are the best exercises for AS?
5. Where can I get AS support?
6. Does AS cause complications?
7. What research is being done on AS?
8. What is my outlook?